ST 380 Final Project Proposal

We propose to do our ST 380 final project on the sleep habits of NCSU students. We hypothesize that students in the physical sciences/engineering concentrations do not receive as much sleep per week as those in the humanities/social sciences. By surveying a sample size of at least 100 undergrad students, we hope to obtain the necessary data to evaluate our hypothesis. We expect our surveyors to be equally split between gender, 50% male and 50% female. When surveying the students, the following questions will be asked:

1) Sex: Male/Female
2) Major
3) Class Rank: Fr/So/Jr/Sr
4) Hours taken per semester
5) Average number of hours of sleep each night.
6) The major cause of not having as much sleep as you would like:
   - Homework
   - Going out at night with friends
   - Attending parties
   - Television
   - Working late a job
   - Having trouble falling asleep
   - Other__________________

When conducting the surveys, we will attend different locations on campus to ensure that we receive a fair random sample size. These locations will include the Talley student center, the Brickyard directly in front of the library, and the common area on Centennial Campus. We hope that our conclusion will lead us to determine that those students in humanities/social science majors receive significantly more hours of sleep overall.